

U.S. Captures Second In Pan Am Cup 20 Km

Medellin, Colombia, March 26—The U.S. Army's veteran Olympian John Nunn led the U.S. to a second place finish in the men's 20 Km race at the Pan Am Racewalking Cup today. The 33-year-old Nunn from San Diego was joined by Patrick Stroupe and the 20-year-old Dan Serianni as the U.S. edged Ecuador by two points for the silver. Nunn finished 12th in the race, one spot ahead of Stroupe with Seriani in 16th.

The race was won by Colombia's Luis Lopez in 1:25:04, 52 seconds ahead of Guatemala's Erick Garcia. Mexico, going without any of their "A" team walkers, captured the next three spots for an easy team victory. Nunn walked a 1:31:26, nearly 2 minutes ahead of Stroupe. Times were slowed by the high-altitude of the Colombian city.

In other races, Mexico's Cristian Berdeja won a close race with Colombia's Fredy Hernandez, as both snuck under the 4 hour mark. The lone U.S. entrant, Jonathan Matthews, did not finish, but we have no word on just where he dropped out, or the circumstances. Colombia took the team title from Mexico.

In the women's 20 Km, won by Guatemala's Jany Nunez in 1:36:04, Erin Gray led the U.S. team with a 1:44:23 in 16th place. Colombia won the team title easily with the U.S. fourth.

The first two spots in the Junior Men's 10 Km went to Colombia's Eider Truche and Jose Arevalo. With Trevor Barron dropping out with a knee injury at 5 Km (21:18), Tyler Sorenson led the U.S. effort with a 46:25.45 for tenth place. Alex Chavez was 17th and the U.S. team finished in fifth. Mexico's Yanelli Caballero was a walkaway winner in the Junior Women's 10 Km, finishing nearly 2 minutes ahead of Peru's Gabriella Garcia in 47:23. The U.S. team of Erika Shaver (13th), Maite Moscoso (17th), and Nicollette Sorensen (18th) finished sixth. Results:

Men's 20 Km: 1. Luis Lopes, Colombia 1:25:04 2. Erick Garcia, Guatemala 1:25:56 3. Giovanni Torres, Mex. 1:26:18 4. Diego Florez, Mex. 1:26:23 5. Isaac Palma, Mex. 1:26:38 6. Ferney Rojas, Col. 1:27:08 7. Anibal Paa, Guat. 1:28:02 8. Jose Mauricio Sanches, Ecuador 1:29:14 9. David Majia, Mex. 1:29:37 10. Caio Bonfim, Brazil 1:31:00 11. John Nunn, US 1:31:26 12. Patrick Stroupe, US 1:33:09 13. Ronald Misme, Bolivia 1:33:25 15. Jose Fernandez, Ecuador 1:34:39 16. Dan Serianni, US 1:34:50 17. Yerko Araya, Chile 1:35:40 18. Jose Rubion, Ecuador 1:36:10 (22 finishers, 6 DNF, 2 DQ) Team Score: 1. Mexico 12 2. USA 37 3. Ecuador 41

Women's 20 Km: 1. Jany Nunez, Guat. 1:36:04 2. Arabelly Sanches, Col. 1:36:12 3. Ingrid Castillo, Col. 1:37:18 4. Cisiane Lopes, Brazil 1:38:02 5. Sandra Gomez, Col. 1:38:20 6. Gudadalupe Sanchez, Mex. 1:38:44 7. Monica Equihua, Mex. 1:38:45 8. Erica Rocha, Brazil 1:38:45 9. Paola Saquipay, Ecuador 1:39:35 10. Claudia Ibanez, Bol. 1:39:41 11. Rosalia Ortiz, Mex. 1:40:17 12. Maritza Maza, Ecuador 1:40:18. . .16. Erin Gray, US 1:44:23. . .18. Solomiya Login, US 1:49:28. . .20. Erin Talcott, US 1:51:51. . .22. Susan Randall, US 1:53:43 (22 finishers) Team Score: 1. Colombia 10 2. Mexico 24 3. Ecuador 36 4. U.S. 54

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Men's 50 Km: 1. Cristian Berdeja, Mex. 3:59:14 2. Fredy Hernandez, Col. 3:59:40 3. Jaime Saquipay, Ecuador 4:01:20 4. Nestor Palacios, Col. 4:10:14 5. Rodrigo Munera, Col. 4:13:27 6. Jose Ventura, Mex. 4:15:22 7. Claudio Campelo, Brazil 4:22:46 8. Luis Solis, Mex. 4:27:08 9. Bernardo Aguilar, Costa Rica 4:29:58 10. Washington Castillo, Ecuador 4:30:10 (13 finishers, 6 DNF, 1 DQ) Team Score: 1. Colombia 11 2. Mexico 15

Junior Women's 1 Km: 1. Yanelli Caballero, Mex. 37:23 2. Gabriella Leon, Peru 49:13 3. Yuli Coronacion, Peru 49:34 4. Lorena Campuzano, Col. 49:51 5. Wendy Aliaga, Bol. 50:36 6. Sandra Nevarez, Mex. 50:51 7. Angela Chirivechz, Bol. 51:29 8. Maria Mena, Mex. 52:04 9. Erika Shaver, U.S. 57:12 10. Maite Moscoso, US 58:32 11. Nicollette Sorensen, US 59:18 (21 finishers) Team Score: 1. Peru 5 2. Mexico 7 3. Bolivia 12 4. Colombia 16 5. Ecuador 19 6. U.S. 30 7. Brazil 31

Junior Men's 10 Km: 1. Eider Truche, Col. 40:39.65 2. Jose Revalo, Col. 41:50.65 3. Jesus Vega, Mex. 42:28.50 4. Cristian Gomez, Mex. 43:07.10 5. Jhon Gastaneda, Col. 43:31:00 6. Bryan Alvarez, Ecuador 43:39.15 7. Usiel Sanchez, Mex. 44:28.15 8. Marco Repardo, Bol. 45:40.20 9. Niel Garcia, Peru 45:53.45 10. Tyler Sorensen, US 46:25.45 11. Alex Chavez, US 49:12.55 (21 finishers) Team Score: 1. Colombia 3 2. Mexico 7 3. Ecuador 17 4. U.S. 27 5. Puerto Rico 27 7. Brazil 34

Toth In Quick 50

Dudince, Slovak Republic, March 27 (From IAAF New Release)—Slovak World Cup winner Matej Toth celebrated another big career win, becoming the first Slovak winner in six years at the 30th Edition of the Dudinska Patdesiatka. He clocked a national record and season leading road time of 3:39:46 in the 50 Km race. (Season leading temporarily; see story below.) The event is an EA Racewalking Permit meeting whose results count in the overall standings of the IAAF Racewalking Challenge.

Toth, 28, who improved his national record from the 2009 Dudince race by 1:46, was leading nearly from the beginning of the race and even at 40 Km he was still ahead of the meeting record pace (3:38:45 Yohan Diniz in 2009, who set a World track record of 3:35:27.20 last month) by two minutes and it looked like he might go under 3:37, but strong winds at the end slowed him down. Nevertheless, it was still the third best time in the history of the race. "It was like I wanted, fast beginning and then try to see whether I can keep the pace. Only the last 5 km did not work. But I must be satisfied, sub 3:40 was always my dream", said Toth.

Behind Toth, it was a Polish show of strength as Rafal Fedaczynski, Rafal Sikora, Lukasz Nowak, and defending meet champion Rafal Augustyn all finished with times between 3:46 and 3:47. 2007 World Champion Nathan Deakes, on the comeback trail from 3 years of injury, was sixth in 3:48:02. Mexican 20 Km ace, Eder Sanchez, took his first crack at the 50 Km distance and finished ninth in 3:53:19.

Ireland's Olive Loughnane, a World Championship medalist, won the women's 20 Km in 1:32:40. The men's 20 went to Ukrainian Andriy Kovenko in 1:21:44. Results of all the events at the meet:

50 Km: 1. Matej Toth, Slovak Rep 3:39:46 2. Rafal Fedaczynski, Poland 3:46:05 3. Rafal Sikora, Poland 3:46:16 4. Lukasz Nowak, Poland 3:46:40 5. Rafal Augustyn, Poland 3:46:56 6. Nathan Deakes, Australia 3:48:02 7. Omar Zepeda, Mexico 3:50:26 8. Bertrand Moulinet,

France 3:50:49 9. Eder Sanchez, Mexico 3:53:19 10. Cedric Houssaye, France 3:53:24 11. Chris Erickson, Austria 3:54:53 12. Nenad Filipovic, Serbia 3:59:17 13. Igors Kazakevics, Latvia 3:59:43 14. Tadas Suskevicius, Lithuania 4:00:54 15. Olaksandr Romankenko, Ukraine 4:01:05 16. Milos Batovsky, Slovak Rep. 4:01:10 17. Vladimir Savanovic, Serbia 4:02:07 18. Navaro Haukenes, Norway 4:04:48 19. Pavel Yarokhau, Slovak Rep. 4:05:52 20. Yuriy Brban, Ukraine 4:06:14 (42 finishers, 8 DQ, 13 DNF)

Men's 20 Km: 1. Andriy Kovenko, Ukraine 1:21:44 2. Carsten Schmidt, Germany 1:24:39 3. Predrag Filipovic, Serbia 1:26:30 4. Oleksiy Kazanin, Ukraine 1:26:38 5. Hagen Pohle, Germany 1:29:50 (14 finishers, 3 DQ, 6 DNF)

Women's 20 Km: 1. Olive Loughnane, Ireland 1:32:40 2. Zuzana Schindlerova, Czech Rep. 1:33:51 3. Nadiya Borovska, Ukraine 1:33:59 4. Angieszka Szarnog, Poland 1:35:15 5. Oihya Yakovenko, Ukraine 1:35:24 6. Pauline Buziak, Poland 1:35:49 7. Lucie Pelantova, Czech Rep. 1:36:35 8. Semiha Mutiu, Turkey 1:37:06 9. Mari Olsson, Sweden 1:37:39 10. Ana Maria Groza, Romania 1:40:07 (21 finishers, 1 DQ, 7 DNF)

Men's Under 20 10 Km: 1. Ihor Pozanov, Ukraine 43:28 2. Peter Tichy, Slovak Rep. 44:50 3. Nils Brembach, Germany 44:54 4. Viktor Markas, Hungary 44:59 5. Jakub Herba, Poland 45:01 (25 finishers, 1 DQ, 3 DNF)

Women's Under 20 10 Km: 1. Kate Veale, Ireland 46:43 2. Natalia Pluminska, Poland 48:48 3. Barbara Kovacz, Hungary 50:19 (17 finishers)

Men's Under 18 10 Km: 1. Patrik Spevak, Slovak Rep. 43:23 (6 finishers, 1 DNF)

Two Russian Wins At Rio Maior

Rio Maior, Portugal, April 9 (From IAAF New Release)—In the fifth stop on the 2011 IAAF Racewalking Challenge, Russians Valeriy Borchin and Olga Kaniskina captured convincing 20 Km victories.

Coming back from his spectacular 50 Km two weeks earlier, Matej Toth lead the men's field through the first 10 Km until Borchin, the reigning Olympic and World Champion, made his move and pushed hard enroute to a 1:18:55 victory, bettering the meet record of 1:19:02 set by Spain's Francisco Fernandez.

Borchin bided his time at the start as Toth went through 5 Km in 20:12, twelve seconds ahead of the pack. He accelerated over the next 5 to reach 10 km in 40:08, three seconds clear of Toth, Stanislaw Emelyanov, Hassienine Sebei, and Eder Sanchez. Borchin took command with a 19:21 clocking for the next 5 to take a 25 second lead over countryman Emelyanov. Another quick (19:29) 5 gave him a 38 second victory.. Emelyanov was second, just holding off Sanchez with Toth fourth in 1:20:16, a personal best.

"This was a great competition, and I'm happy with this performance," said Borchin. Who was in his first race of the season. "Everything's going well in my preparation for the World Championships."

Kaniskina, also the reigning Olympic and two-time World Champion as well as reigning European champion, began the competition with a conservative pace in the lead pack, but then moved to the front and stayed there for good after the fourth kilometer en route to her 1:28:35 victory.

"This was my first competition this season and I'll next go to Sesto San Giovanni (in May) and then I'll start my preparation to try to get the gold medal in World Championship," said Kaniskina.

Spain's Beatriz Pascual was in the chase group and finished second in 1:28:51 in front of Portugal's Vera Santos, who had 1:29:55, seasonal bests for both. The results, with 5 Km splits:

Women's 20 Km 1. Olga Kaniskina, Russia 1:28:35 (22:12, 43:54, 66:07) 2. Beatriz Pascual, Spain 1:28:51 (22:10, 44:13, 66:22) 3. Vera Santos, Portugal 1:29:55 (22:12, 44:37, 67:11) 4.

Susana Feitor, Port. 1:30:44 (22:31, 45:14, 68:11) 5. Inis Henriques, Port. 1:30:50 (22:10, 44:23, 67:26) 6. Melanie Seeger, Germany 1:31:01 (22:13, 44:46, 67:44) 7. Kristina Saltanovic, Lithuania 1:31:06 (22:34, 45:38, 69:36) 8. Cisiane Lopes, Brazil, 1:35:15 9. Erandi Uribe, Mexico 1:36:16 11. Erica de Sena, Mexico 1:36:40 12. Monica Equihua, Mexico 1:37:42 13. Rosario Saanchez, Mexico 1:38:04 14. Lisbeth Silva, Mexico 1:39:02 15. Rosilia Cruz, Mexico 1:40:07 16. Myriam Fernandez, Spain 1:40:40 (20 finishers, 6 DNF)

Men's 20 Km: 1. Valeriy Borchin, Russia 1:18:55 (20:26, 40:08, 59:26) 2. Stanislav Emelyanov, Russia 1:19:33 (20:24, 40:11, 59:51) 3. Eder Sanchez, Mexico 1:19:36 (20:26, 40:14, 59:50) 4. Matej Toth, Slovak Rep. 1:20:15 (20:12, 40:13, 60:07) 5. Hasinine Sebei, Tunisia 1:20:49 (20:24, 40:12, 60:07) 6. Robert Heffernan, Ireland 1:21:50 (20:24, 40:26, 60:55) 7. Horacio Nava, Mexico 1:22:15 (20:27, 40:53) 62:03) 8. Andres Chocho, Ecuador 1:22:16 (20:36, 41:10, 61:40) 9. Jose Ojeda, Mexico 1:22:30 10. Jolio Vieira, Portugal 1:23:15 11. Sergey Kirdyapkin, Russia 1:22:57 12. Sergio Vieira, Port. 1:23:15 13. Edgar Hernandez, Mexico 1:23:20 14. Jose Diaz, Spain 1:23:51 15. Cristian Berdeja, Mexico 1:24:13 16. Isaac Palma, Mexico 1:24:32 17. Maik Berger, Germany 1:25:07 18. Diego Flores, Mexico 1:25:44 19. Adam Rutter, Australia 1:26:21 20. Juan Manuel Cano, Argentina 1:26:22 21. Caio Bordim, Brazil 1:26:36 22. Francisco Arcilla, Spain 1:27:18 23. Luis Corchete, Spain 1:27:53 24. Claudio Villanueva, Spain 1:28:28 25. Augusto Cardoso, Portugal 1:28:26 (39 finishers, 1 DQ, 9 DNF)

Challenge Moves To China; Chinese Dominate

Taichang, China, April 22-24—Nothing like a repeat. Following up on his victory in Lugano a month ago, Zhen Wang scored another impressive win in another Challenge 20 Km race. His 1:18:37 is the world's best time for the year and improved on the personal best he set in Lugano by 7 seconds. As in Lugano, Yafei Chu was second, although 7 seconds slower than in Lugano as he finished in 1:18:45. Finally, the bronze medal went to 18-year-old Ding Chen, also as in Lugano. Here he had a personal best of 1:18:52.

Jared Tallent continued to make progress in his comeback as he finished fourth in 1:19:57, 13 seconds ahead of Korea's Kim Hyun-Sub, who led Mexico's Eder Sanchez by just 9 seconds.

The women's 20 Km also saw a repeat winner from Lugano as Hong Liu scored an impressive win in 1:27:17. In second, 20-year-old Shijie Qieyang bettered her personal best by nearly 2 minutes as she finished in 1:28:04. Yanfei Li was third, also in a personal best, as the Chinese women swept the first five places. Germany's Melanie Seeger got the better of Australia's Regan Lambie for sixth, well back of the Chinese ladies.

Those races were on Friday. Two days later the Chinese swept the medals in a 50 Km that was primarily a Chinese-Korean duel. China's Tianfeng prevailed in 3:38:48, bettering the season-leading time of Matej Toth (see above).

It was clear from the start that there wouldn't be many competitors left at the top in the final kilometers. With the pace predicting a finishing time under 3:40, three Chinese walkers left the main group before the 20 Km mark. 2010 Asian Games winner Si (age 26), Faguang Xu (23), and Jianbo Li (24) broke away. By 40 Km, Si and Li were the duo fighting for the win, but soon after, Si made his final move with Li fading quickly. In winning, Si cut more than 4 minutes off his personal best set in 2005. Xu caught the fading Li and finished about 3 ½ minutes behind, also in a personal best, and more than a minute clear of Li, who just missed his personal best.

In fourth place, Korea's Chil-Sung Park (28) set a National Record of 3:50:11. El Salvador's Emerson Hernandez in 11th with 3:56:09 was the first finisher from outside of China and Korea. Results of all the races:

Women's 20 Km: 1. Hong Liu, China 1:27:17 2. Shijie Qieyang, China 1:28:04 3. Yanfei Li, China 1:28:43 4. Ni Gao, China 1:29:18 5. Xiuzhi Lu, China 1:30:06 6. Melanie Seeger, Germany 1:31:19 7. Regan Lambie, Australia 1:31:19 8. Yawei Yang, China 1:32:18 9. Claire Tallent, Australia 1:32:39 10. Bekki Lee, Australia 1:32:39 11. Yong-Eun Jeon, Korea 1:42:48 DQ—Cheryl Webb, Australia

Men's 20 Km: 1. Zhen Wang, China 1:18:30 2. Yafei Chu, China 1:18:45 3. Ding Chen, China 1:18:52 4. Jared Tallent, Australia 1:19:57 5. Kim Yun-Sub, Korea 1:20:10 6. Eder Sanchez, Mexico 1:20:19 7. Crisstopher Linke, Germany 1:20:51 9. Zelin Cai, China 1:21:07 9. Pyotr Trofimov, Russia 1:22:05 10. Tianlei Li, China 1:22:23 11. Adam Rutter, Australia 1:23:48 12. Brendon Reading, Australia 1:24:51 13. Lim ung-Hyun, Korea 1:29:05 14. Creighton Connolly, Canada 1:38:44 DNF—Rhydan Cowley, Australia

Men's 50 Km: 1. Tianfeng Si, China 3:38:48 2. Faguang Xu, China 3:42:20 3. Jianbo Li, China 3:43:38 4. Chil-sung Park, Korea 3:50:11 5. Yunghyun Yim, Korea 3:53:05 6. Xhiyao Geng, China 3:53:26 7. Youngjun Byun, Korea 3:53:49 8. Dongyoung Kim, Korea 3:53:55 9. Wenbin Niu, China 3:54:19 10. Sehan Oh, Korea 3:54:20 11. Emerson Hernandez, El Salvador 3:56:09 12. Quianlong Wu, China 4:05:25 13. Gaobo Li, China 4:05:25 14. Quenting Rew, New Zealand 4:06:57 15. Rusi Liu, China 4:09:50

Other Results

Capt. Ron Zinn Memorial 10 Km, Wall Twp., N.J., March 27—1. John Soucheck 51:59 2. Marcus Kantz 64:50 3. William Meixner 66:42 4. Ray Robertson 68:38 5. Ben Ottmer 75:23 6. Victor Martinez 79:51 **Women—1.** Panse Geer 64:21 2. Maria Paul 68:28 3. Susan Middaugh 79:41 **Masters 3000 meters, Newark, Del., March 27—1.** Peter Blank (56) 18:42.74 2. Art Lebofsky (69) 19:22.20 3. John Morrison (62) 19:35.42 (5 finishers) **Women's 5000 meters, Furman U., S.C., April 9—1.** Erika Shaver 25:49.4 2. Ruth Barlass 30:11.5 3. Critter Dawsey 31:03.6 **3000 meters, Lake Brantley, Fl.—1.** Maite Moscoso (16) 14:44.98 2. Kelsey Carney (14) 18:52.14 (6 finishers) **Boys—1.** Brandon Kruppenbacher (16) 14:56.24 2. Davis Heister (15) 18:29.42 3. Brandon Schlobach (15) 18:51.26 **Youth 5 Km, Orlando, Fl., April 3—1.** Maite Moscoso 25:43 2. Brandon Kruppenbacher 25:49 3. Juan Moscoso (9) 31:01 4. Jenna Terry (10) 32:28 (6 finishers) **Open 5 Km, same place—1.** Michelle Heister (44) 31:15 **South Region 10 Km, same place—1.** Juan Moscoso 49:59 2. Maite Moscoso (mother of Maite M. above) 50:35 3. John Frederick (63) 61:04 4. Joan Terry (47) 62:15 5. Paul Walter Alvord (67) 65:54 6. John Elwarner (71) 66:23 7. Yvonne Grudzina-Glazer (56) 67:23 8. Ray Jenkins (43) 67:04? 9. Peter Bayer (72) 69:34 10. (70) 73:48 (4 DQ) **10 Km, Coconut Creek, Fl., April 17—1.** Juan Moscoso 52:20 2. Maite (Mom) Moscoso 52:45 (then completed 20 Km in 1:48:38 for an Olympic Trials qualifier) 3. Maite (Daughter) Moscoso 59:15 4. Juan Yanes (61) 62:30 (Finished 20 in 2:13:45) 5. Ann Harsh (60) 64:38 6. Gerry Gomes (72) 73:50 (8 finishers) **5000 meters, Cedarville, Ohio, March 26 (Windy and 36 F)—1.** Jill Cobb 25:01.04 (First race for quite awhile for the former American holder at 3000 meters and international competitor, now 36) 2. Nicole Furnish, Lindsey Wilson Col. 25:56.31 3. Chelsea Conway, Lindsey Wilson 26:26.00 4. Reini Brickson, Lindsey Wilson 27:50.71 5. Emily Belovich (13) Miami Valley TC 28:01.59 6. Alex Brown (15), Miami Valley 19:01.46 7. Ruth Barlass (16) 29:16.45 8. Danielle Stockham, Rio Grande U. 32:13.91 **Men—1.** Josh Wiseman, Cedarville, U. 21:29.34 2. Mike Mannozi, Miami Valley TC 22:17.92 3. Ricardo Vergara, Londsey Wilson 22:52.54 4. Paul Ikeda, Cedarville U. 23:36.35 5. Roberto Vergara, Lindsey Wilson 23:44.44 6. Joel Pfahler, Cedarville 24:10.25 7. Mitchell Brickson (17), Miami Valley 25:19.59 **50 Km (track), Yellow Springs, Ohio, April 10—1.** Mike Mannozi, Miami Valley TC 4:41:49 His first attempt at 50 qualifies him for the 2012 Olympic Trials. Mannozi hung on well, though slowing, after a 1:51:02 at 20 and 2:46:43 at 30 Km. He was at 3:43:36 at 40. Chris Knotts and Omar Nash, who matched strides with Mannozi in the early stages, did not finish. **20 Km, same**

place—1. Josh Wiseman 1:34:55 (47:18 at 10) 2. Joel Pfahler 1:51:53 (55:45)—Also an Olympic Trials qualifier for the rapidly improving Cedarville U. walker. **10 Km, same place**—1. Ricardo Vergara 52:42 2. Susan Randall 54:35 3. Chelsea Conway 56:54 4. Reini Brickson 59:38 5. Emily Belovich 63:41 6. Alex Brown 65:51 **5 Km, same place**—1. Jacob Gunderkline 25:59 2. Erin Helmuth 2:55 3. Barrett 28:23 4. Barb Hensley (66) 39:53 **5000 meters, Goshen, Ind., March 26**—1. Kris Shear, Cornerstone Col. 22:06.64 2. Jacob Gunderkline, Goshen 24:19.34 3. Barrett Donna, Goshen 27:50++++.24 Women—1. Janelle Brown, Cornerstone 25:58.34 2. Erin Helmth, Goshen 27:39.34 +3. Monica Lawrence, Cornerstone 29:19.04 4. Mercedes Mancha, St. Xavier 29:35.24 5. Sunny DeJong, Cornerstone 32:5.84 (1 DQ) **Wisconsin 5 Km, Pleasant Prairie, April 8**—1. Jack Bray 33:06 2. William Hosken 33:46 3. Robert Watkins 35:17 4. Janice Watkins 36:42 **5000 meters, Central Methodist U., Missouri, April 9**—1. Katie Burnett, William Penn 25:49.75 2. Jessie Ching, Lindenwood U. 16:15.92 3. Alexis Gutterman, Lindenwood 30:49.40 (5 finishers, 2 DNF) Men—1. Patrick Stroupe 21:47.98 2. Matthew Forgues, Ashford Col. 24:49.05 3. Chris Tegtmeier, Concordia 27:02.10 4. Alek Jakobsen, Ashford 28:13.34 (8 finishers, 1 DQ) **Los Angeles Marathon, March 26**—1. John Magnussen (58) 4:46:23 2. Al Cazas (53) 5:21:28 3. Juan Moreno (46) 5:26:24 4. Deo Jaravata (67) 5:28:39 (38 finishers) **Indoor 3 Km, Colorado Springs, Feb. 13**—1. Mike Blanchard (49) 17:42 2. Darla Graff (42) 18:38 3. Marianne Martino (60) 19:02 (6 finishers) **5 Km, Denver, March 6**—1. Francisco Pantoja 23:52 2. Daryl Meyers (68) 33:26 (7 finishers) **Mt. SAC Relays, Walnut, Cal., April 10: Men's 10 Km**—1. Mike Tarantino 44:58 2. Alex Kazarayan (56) 60:35 3. Rick Campbell (6) 61:14 4. Deo Jaravata (46) 69:10 5. Patrick Bivona (70) 70:01 6. Carl Acosta (77) 71:03 7. Bill Moremen (83) 73:24 **Women's 10 Km**—1. Margaret Govea (52) 62:43 2. Jennie Dean (59) 83:47 **Men's 5 Km**—1. Ryan Thong (11) 29:03 2. Andrew Perez (10) 34:09 (9 finishers) **Women's 5 Km**—1. Patsy Hurley (16) 29:05 2. Yoko Eichel (63) 30:21 3. Donna Cunningham (64) 31:42 4. Courtney Thong (14) 31:54 5. Janelle Zamora (11) 31:56 6. Julia Townsend (18) 33:05 7. Carol Bertino (63) 33:56 (25 finishers)

European Athletics Permit Meeting, Podebrady, Czech Rep., April 10: Men 20 Km: 1. Matteo Giupponi, Italy 1:22:36 2. Carsten Schmidt, Germany 1:22:47 3. Benjamin Sanchez, Spain 1:25:00 4. Christopher Linke, Germany 1:25:04 5. Colin Griffin, Ireland 1:25:42 6. Marius Ziukas, Lithuania 1:25:50 7. Federico Tontodonati, Italy 1:26:01 8. Ato Ibanez, Sweden 1:26:35 9. Anton Kucmin, Slovak Rep. 1:26:42 10. Nils Ginger, Germany 1:28:05 11. Jose Ignacio Aledo, Spain 1:28:11 12. Riccardo Macchia, Italy 1:28:18 13. Fortunato D'Onofrio, Italy 1:29:32 14. Perseus Karlstrom Sweden 1:29:52 15. Michael Doyle, Ireland 1:29:55 16. Karel Ketner, Czech. Rep. 1:30:38 (41 finishers, 5 DQ, 3 DNF)

Women's 20 Km: 1. Eva Maria Ignasias, Spain 1:34:38 2. Eleonora Giorgi, Italy 1:34:44 3. Ainhua Pinedo, Spain 1:35:07 4. Federica Ferraro, Italy 1:35:23 5. Antonella Palmisano, Italy 1:35:47 6. Serena Pruner, Italy 1:37:14 7. Lucie Pelantova, Czech. Rep. 1:39:44 8. Mari Olsson, Sweden 1:39:30 9. Zuzana Schindlerova, Czech Rep. 1:39:44 10. Sara Alonso, Spain 1:40:01 11. Karolina Kaasalainen, Finland 1:41:05 12. Laura Polli, Switzerland 1:41:57 (19 finishers, 4 DQ, 5 DNF)

Men's Under 20 10 Km: 1. Hagen Pohle, Germany 42:13 2. Marcel Lehmberg, Germany 43:46 3. Maddimo Stano, Italy 43:58 4. Marcel Faber, Slovak Rep. 44:04 5. Patrik Spevak, Slovak Rep. 44:11 (26 finishers, 2 DQ, 11 DNF)

Women's Under 20 10 Km: 1. Chalyne Czychy, Germany 48:49 2. Anezka Drahotova, Czech Rep. 49:34 (26 finishers)

Balkan Championships, Bucharest, April 9: Women's 20 Km—1. Claudia Stef, Romania 1:33:38 2. Ana Maria Groza, Romania 1:36:52 3. Semiha Mtlu, Turkey 1:37:49 **Men's 20 Km**—1. Recek Celik, Turkey 1:22:31 (National record) 2. Pedrag Filipovic, Serbia 1:23:47 3.

Alexaandros Papamihail, Greece 1:24:56 5. Silviu Casandra, Romania 1:26:43 5. Marius Cocioran, Romania 1:29:14 **Jr. Men's 10 Km**—1. Anrian Dragomir, Romania 45:45 2. Oran Ozturk, Turkey 46:13.80 3. Thomas Stefanopoulos, Greece 46:20.80 4. Robert Latcu, Romania 46:43.40 5. Atli Mert, Turkey 46:54.50 **Jr. Women's 10 Km**—1. Alexandra Aichimoaei, Romania 50:01 **Overall Team Scores: Women:** 1. Romania 25 2. Turkey 21 3. Greece 10 4. Serbia 4 Men: 1. Turkey 23 2. Romania 16 3. Greece 12 4. Moldova 6 5. Serbia 5 6. Bulgaria 1 **35 Km, Nesvizh, Belarus, April 9**—1. Ivan Trotskiy 2:35:49 2. Dmitry Dyubin 2:40:35 3. Andrei Stepanchuk 2:43:30 **20 Km, same place**—1. Andriy Talashko 1:23:25 2. Vitaliy Talankov 1:23:50 3. Alexander Lyakhovich 1:23:50 **Women's 20 Km, same place**—1. Anastasiya Yatsевич 1:34:27 2. Anna Drabenya 1:36:08 3. Alina Matveyuk 1:36:45.8 **Jr. Men's 10 Km, same place**—1. Yevgeniy Zaleskiy 41:23 2. Turkov 42:25 3. Tityak 42:52 (15 finishers nder 50:00) **Jr. Women's 10 Km, same place**—1. Xenia Umets 48:53 **15 Km, Steyning, Engl., Jan. 15**—1. Dan King 67:10 2. Dom King 67:10 3. Ian Richards 58:41 **10 Km, Croydon, Eng., Jan. 8**—1. Dom King 44:58 2. Dan King 45:07 3. Ian Richards 49:52 Women—1. Neringa Aidietyte 47:27 **New Zealand 3000 meter Championship, Dunedin, March 25**—1. Quentin Kew 11:51.59 2. Mike Parker 13:38.47 Women—1. Roseanne Robinson 14:36.87 2. Alan Barber 15:53.67 **New Zealand 20 Km**—1. Quentin Kew 1:27:47 **New Zealand Jr. 10 Km**—1. Daniel Lord 48:04 2. 2. Matthew Holcroft 48:12

Many A Place To Set Your Pace In A Good Old Walking Race

Sat. May 7 5 Km, Newark, Del. (T)
10 Km and 2 Mile, Royal Oak, Mich. (F)

Sun. May 8 25th Annual Jack Mortland Walks, 5, 10, and 20 Km, Dayton, Ohio (M)
20 Km, Prairie, Wis. (I)

Sat. May 14 5 Km, Eugene, Oregon

Sun. May 15 **USATF Junior, Open, and Masters 15 Km, Riverside, Cal. (Y)**
Seacost 5000 meters, Portsmouth, NH, 10 am (V)

Sat. May 21 5 Km, Dover, Del. (T)

Sun. May 22 North Region 10 Km and Open 5 Km, Dearborn, Mich. (F)
New Jersey 20 Km, also 5 and 10 Km, Point Pleasant, N.J., 8:30 am (A)
43rd Annual Sanford Kalb 20 Km, Lakewood, N.J. 9am (A)

Sun. May 29 North Carolina 1500 meters, Raleigh (V)

Fri. June 10 **National USATF Junior and Open 10 Km, Albany, N.Y., (L)**

Sat. June 4 5 Km, Fontana, Cal. (U)
5 Km, Felton, Del. (T)
10 Km and 1 Hour, Milwaukee, Wis. (I)

Sat. June 11 Michigan USATF 5 Km, Hillsdale (F)
West Region 5 Km, Costa Mesa, Cal. (Y)
Ohio 10 Km (With 20 Km option), Yellow Springs (M)

Sun. June 12 North Region 5 Km, St. Paul, Minn. (S)

Wd. June 15 1 Mile, Yellow Springs (M)

Fri. June 17 5 Km, Georgetown, DE. (T)

Wed. June 22 3 Mile, Huntington Woods, Mich. (F)
1 Mile, Yellow Springs, Ohio (M)

Sat. June 25 5 Km, Middleton, Del. (T)

Sun. June 16 **National USATF Jr. Men and Women 10,000, Eugene, Oregon (D)**

Mon. June 27 **National USATF Men's and Women's 20 Km, Eugene, Oregon (D)**
5 Km, Long Branch, N.J., 6:45 pm (A)

Sat. July 2	5 Km, Dover, Del. (T)
Mon. July 11	5 Km, Long Branch, N.J., 6:45 pm (A)
Mon. July 18	5 Km, Long Branch, N.J., 6:45 pm (A)
Thur. July 21	1500 and 3000 meters, Yellow Springs, Ohio (M)
Mon. July 25	5 Km, Long Branch, N.J., 6:45 pm (A)
Sun. July 31	5 Km, Rehobeth, Del. (T)

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From Heel To Toe

Results web site. Paul Tremblay has created a web site that lists all race results for the current year (or all that he identifies), formatted in nice, easy-to-read tables. Visit <https://sites.google.com/site/racewalk/home/results-2011>. . . **Qualifying standards:** Those who want to compete in the USATF National 20 Km in Eugene, Oregon on June 26 must attain the following qualifying standards: Men's 20--1:39:50 for 20, or 48:20 for 10 or 23:30 for 5 Km. Women--1:52:00, or 54:00, or 26:00.. The 2012 Olympic Trials will also be held in Eugene in June 2012. To qualify, men must achieve a 1:36 and women a 1:48. The qualifying period opened on January 1, 2011. Standards for Olympic qualification are: Men A--1:22:30, B--1:24:30; Women--A--1:33:30, B--1:38:00 at a Qualifying competition. Competitions valid towards meeting the standards are: IAAF World Athletics Series; Area, regional, or group games; Regional or group championships in athletics; Matches between teams from different Areas representing members or areas or combinations thereof; IAAF World Racewalking

Challenge races; area championships and other intra-area competitions organized by an area Association; Regional or group championships in athletics; and area permit competitions.. . **.Errata:** In last month's Looking Back, 5 Years Ago, I credited Amanda Gorst with a 13:49:30 in the NAIA Indoor meet. IT was actually 14:39:30. Thanks to Vince Peters for bringing this to my attention. I did have it correct originally issue (March 2006) but got my numbers transposed in copying it to last month's issue. . **.Athlete of the Week>** John Nunn became the third racewalker to be named USATF Athlete of the Week in 2011 when he received the honor for his 11th place finish in the Pan Am Cup 20 Km for the week of March 30. Tyler Sorensen and Ben Shorey had been named earlier. Selections are based on top performances and results from the previous week. . **.McGovern clinics.** Upcoming dates for Dave McGovern World Class Racewalking Clinics are: June 10-12, South Bend, Indiana; July 21-22, Honolulu, Hawaii; August 5-7, Capetown, South Africa; Aug. 19-21, Anchorage, Alaska; September 16-18, Louisville, Kentucky; October 14-16, Toronto, Ontario; Nov. 18-20, Clarksville, Arkansas. In addition his annual "Racewalking Summit" will be October 21-23 in Solana Beach, California and his annual camp November 1-6 in Clermont, Florida. For more details on these always well-attended and well-received clinics visit www.racewalking.org/clinic.htm. . **.Kudos.** Okay, so I'll toot my own horn a little. I always appreciate it when readers send along encouraging notes with their renewals. This one was particularly pleasing: "Wonderful, tenacious, unstoppable Jack, Thank you for years of inspiration and enjoyment. I have not racewalked for years, yet watching your local/global view of our sport is always encouraging. It's great to read about the youngsters coming along and to say a silent farewell to champions of old graduating to the big racewalk amongst the stars. You provide a true service in a fast food world. Your grateful reader, Roderick Macelwain, Dallas." Maybe I'm doing something right amongst all the typos. .

Walking Through Grief

In the most recent issue of Great Britain's Race Walking Record, which predates the Ohio Racewalker by 24 years, editor John Constandinou had the following editorial. It says a lot for the therapeutic effects of our sport and and helps define we do this.

Where has *Race Walking Record* been?

Unfortunately, this magazine had to take a break due to the tragic death of my father. A road accident in January left him in a coma.- I flew out to Cyprus to be with him until he passed away a week later, and stayed on to arrange the funeral.

Grief makes it hard to write, but the truly amazing support of the race walking community has let me get life back to normal. Tragic situations such as these happen to all of us at some point, and make you re-evaluate what is important in life;

Each day that I went for a brisk 10 mile walk brought a little more happiness back to me. Looking through my fathers' things I found press clippings and photographs he kept of my race walking exploits and realized that he must have been proud of me. That means a lot.

I realize that when I reach the end of my life, race walking will have been a major part of it and I believe that I will have achieved something meaningful. What people will remember most about me is that I was a race walker, and that it brought joy to me. Race walking is important to us, possibly more than we realize. Enjoy it, and do let your family and friends know that you enjoy it. They will be envious that you have something like this unique and friendly sport in your life.

Race Walking Record, founded in 1941, is published monthly. The above editorial appeared in Issue No. 808. (This issue of the Ohio Racewalker, founded in 1965, is, I believe number 552—but unlike the Record, we have had but one editor. My number of 552 comes from 46 years x 12 issues per year, minus 2 for the two times that we had two months combined into one issue plus the two issues of Volume LXVII. For more information on the Record contact John Constandinou, 60 Clavendon Drive, Birmingham B43 5HP, England, or visit www.racewalkingrecord.net. International subscription rate is 40 pounds (guess there is some way I could make that pound sign, but I don't know it).

Two Hundred Years of Competitive Racewalking A History of Racewalking

by Glenn Arthur Sweazey,, December 1981

(Glenn Sweazey is a Canadian and a prominent racewalking competitor at the he wrote this paper. This is the fourth and final installment of his paper; the first three appeared in the November 2010, January 2011, and February 2011 issues of the Ohio Racewalker.)

The subjectivity in Judging the Walks

The subjective nature in regulating competitive walking was a problem even in the 1970s. Sir John Astley changed the original six-day "walks" and established the "go-as-you-please" events. Unlike the professional pedestrian competitions of the Astley Belt series, racewalking must be strictly judged by rules that are laid out by the International Amateur Athletic Federation. Unless these racewalking rules are judiciously applied, the sport becomes open to criticism and appears to be no more than an absurd test of running. The rule was amended as recently as October, 1972, and now reads as follows;

Walking is progression by steps so taken that unbroken contact with the ground is maintained. At each step, the advancing foot of the walker must make contact with the ground. During the period of each step when a foot is on the ground, the leg must be straightened (i.e., not bent at the knee) at least for one moment, and in particular, the supporting leg must be straight in the vertical upright position." (As quoted from Julian Hopkins book, Race Walking, published by the British Amateur Athletic Board in 1976. As we know, the rules have been altered since, but we won't interrupt Glenn's discussion with that, assuming readers are familiar with the present rules.)

The 1928 Olympic Games had no walking events because of the controversies concerning the judging of races in the 1920 and 1924 Olympic competitions. Even the great walker from the nineteenth century, Edward Payson Weston "ran afoul of" the judges during his rematch with Daniel O'Leary in 1877. However, "the protest was withdrawn, and the lap tallied as Weston continued with his very peculiar gait." It would have been better for competitive walking if Weston had not been allowed the "tally" of that "suspect lap". Competitive walking has proven itself to a very popular and exciting sport; however, the sport is in danger of extinction when its administrators cannot properly control it. The judges must be forthright in applying the rules that are meant to regulate this sport; if they are not, then the athletes will go-as-they-please. The subjective nature of this sport has plagued it throughout history and, unless there is an unmistakable effort by the athletes and judges to ensure fair "heel-and-toe" racing, it will soon be dropped from the athletics scene. Fortunately, there are

some suggestions that can be taken as constructive criticism for this "specialized and esoteric" sport. (Ed. Here we are, 30 years later, and while controversies continue to arise, the sport continues on its way and still excites and invigorates those of us who it enthalls.)

The Great Walking Races

The existence of racewalking as an international sport has often been a tenuous one, but it has a long history and a dedicated group of enthusiasts behind it. Doubtlessly it will continue, attracting a particularly gifted and tenacious type of athlete, and the support of those who appreciate the unique demands of competitive walking.

When competitive walking began in the late 1700s, the events were long-distance affairs. Powell, Wilson, and Barclay became popular sports heroes because of their tremendous record of endurance. Weston built his entire career as a pedestrian on the long-distance "tramps" that he made on the indoor tracks and dirt roads of the U.S. and England. Racewalking owes its early development to the phenomenal endurance of these long-distance walkers. The unique and admirable quality that competitive walking has in its favor is the demand that it places upon the athlete's endurance. Racewalking is an endurance sport and it is this characteristic that should be stressed in competitions of international significance. The 50 Kilometer racewalk is the longest event in the program of track and field events; however, when it was determined that one event should be dropped from the "athletics" portion of the Montreal Olympic Games (1976) it was this event that was not contested. Certainly, this was a poor choice because no other event in track and field demands the endurance of this race. Racewalking's problems with judging become more acute as the competitive distances are shortened and the demand for greater speed is increased. If competitive walking is to continue to flourish, the events should place the majority of emphasis upon endurance. These events need not be of the same magnitude as the contests of Weston and O'Leary. A better compromise of the demands made upon the speed and the endurance of racewalking events will serve to benefit the sport for many years to come. Racewalking's unique character can be conclusively summarized as an event that is necessarily dominated by feats of endurance. The history of this sport points unequivocally to the assumption and it would be disastrous for racewalking to disregard the implication that it holds for the future Race walker has feet set on

Racewalker Has Feet Set On Olympics

By Bill Clark Columbia (MO.) Daily Tribune , Wednesday, January 19, 2011

(Bill Clark was prominent in the growth of racewalking in the Columbia area beginning way back in the mid '60s, is, or was, a major league baseball scout, and is a long-time subscriber to the ORW. This article, obviously, predated Patrick Stroupe's participation in the Pan Am Cup.)

One of the best ways to get to the 2012 London Olympic Games is to walk. That's what Patrick Stroupe of rural Armstrong has as his goal these days. Patrick, you see, is a race walker. He didn't start out to be a heel-to-toe guy, but the 26-year-old former Fayette High School and Central Methodist University athlete is the third-ranked U.S. walker at 20 kilometers (12½ miles).

Though he has never walked a 50-km race (a little more than 31 miles), he is giving that distance very serious consideration. So how did a kid who grew up on the family dairy farm find himself walking toward the Olympics? Try love of competition and a challenge from CMU race walker Beth Lewis.

Two older brothers, Jake and John, were football players at Fayette High, and Jake, now an engineer in Libya, was a track man. Patrick left football after a year but followed Jake onto the track, where he ran everything from the 400-meter sprint to the 3,200. He qualified for the state high school meet in the 400 as a junior and finished last in the finals. He graduated in 2003, and distance was to be his future.

At CMU, he ran cross country all four years and in the spring ran any place he was needed up to five kilometers. CMU is a member of the National Association of Intercollegiate Athletics, and the NAIA has, for many years, included race walking as a part of its national track and field program.

CMU coach Gary Stoner pushed walking and came up with Beth, an NAIA All-America walker. When Patrick saw her walk, he laughed and then quickly was lapped by Beth. Beth became his mentor, teaching him proper walking form and flow. Patrick learned quickly, finishing second as a freshman in the NAIA indoor meet. For four years, he never lost a walking race in the Heart of American Conference and captured two indoor and three outdoor NAIA national titles.

Following graduation in 2007, he continued to race in Track and Field-USA nationals, winning at 10, 15 and 30 km, taking his 20-km time down to 1:26:41 and his indoor 5-km time to 20:33. He has walked all over North America and Mexico, enjoying international competition, beginning in 2005 when, as a CMU sophomore, he was chosen for a spot on the U.S. team in a walking meet with Canada.

Patrick is on the roads and tracks around Central Missouri, putting in 50 miles to 70 miles a week, doing strength training with Evelina and Nick Slatinska of Columbia, preparing for a 20-km race Feb. 13 in Florida to qualify for the America's Cup in March in Colombia. He'll be in Albuquerque in late February for the national indoor 5-km race and then to Eugene, Ore., for the national 20-km race, where he'll duel with three other 2012 Olympic hopefuls — 17-year-old Trevor Barron, veteran Tim Seaman and defending national 20-km champ John Nunn.

Although he hesitates to mention it, he admitted the 50-km race is on his mind. Only six U.S. walkers broke five hours in 2010 at that distance. "It is a long way, a bit scary, when you haven't even trained that far," he said. If he takes the challenge, Patrick can call upon a Columbian named Larry Young for help. Larry is the only U.S. walker to medal in the Olympics in the last 106 years. He twice won bronze in 1968 and 1972. Larry is an internationally respected sculptor who lives near Ginlet.

Patrick married another Fayette grad, Jessica Spurgeon, in 2007. She is a half-marathoner and third-year veterinary medicine student at the University of Missouri — and Patrick's main cheerleader.

Patrick continues to work on the family dairy farm — which gives him time to train between milkings. So, if you see a guy in race walking mode around Fayette or in the Hearnes Center on bad weather days, it will be a guy walking his way to London in 2012 — at a distance yet to be determined.

(One mistake in Bill Clark's excellent story Larry Young is not the only U.S. racewalking medalist. Joseph Pearman captured the silver medal at 10,000 meters in the 1920 Antwerp Games. There is also the gold won by George Bonhag at 1500 meters in 1906, but those were "unofficial" Games held in the interim between the 1904 and 1908 Games. Elliott Denman has argued in the past for their recognition in the Olympic pantheon.)

LOOKING BACK

45 Years Ago (From the April 1966 ORW)—Toughest of the tough. That's what we called

Shaul Ladany after the Israel native set an American record of 8:35:35 for 50 miles in Point Pleasant, N.J. He warmed himself up with a 9:45 for the first mile and passed 50 Km in 5:05:13. Irishman John Kelly was a strong second, about 12 minutes back, with Elliott Denman and Bruce MacDonald following. . . Ron Laird did his own record setting in San Diego—35 Km in 3:08:37, 40 Km in 3:38:26, and 25 miles in 3:39:37. . . Jack Blackburn won a track 40 Km race in Worthington, Ohio with a 3:58 as your editor's "assault" on Laird's record fizzled out after 15 mile, where he dropped behind the necessary pace, and then ground to a halt at 19 miles.

40 Years Ago (From the April 1971 ORW)—Another 5 years, and here was Ron Laird taking the National 1 Hour title by overcoming Colorado's altitude to cover 7 miles 1510 yards. Floyd Godwin was nearly 300 yards behind Laird and 50 yards ahead of comebacking Larry Young. . . John Knifton was knifty in a 4:10:42 50 Km effort, followed 6 days later by a track 20 Km in 1:35:19. Ron Kulik was second in the 50 in 4:15:31, but there was some suspicion about the course. . . Elliot Denman won his annual 50 miler with an impressive 8:47 with our own Jack Blackburn struggling to third behind George Braceland. . . On the local scene, Jerry Brown, then living in Louisville, Ky., journeyed north to win a 10 Km on the Worthington track, leaving your editor 34 seconds behind. . . The ORW subscription rate went from \$2.00 to \$2.50 per year.

35 Years Ago (From the April 1976 ORW)—Once again we meet that tough one as Shaul Ladany won his second straight U.S. 75 Km title in 7:23:46. He outclassed the opposition in the New Jersey race, with Tom Asbury second in 7:58:02, followed by Alan Price (8:02:36) and Tom Knatt (8:14:07). . . The National 100 Km was also contested, this one in Colorado, with Paul Ide winning in 10:31:28, 14 minutes ahead of Augie Hirt. Jerry Brown was a distant third. . . Still going strong, Ron Laird won the National 25 Km in Seattle, overhauling Larry Young in the final 5 Km. Young went through 20 Km in 1:33:54 and led by nearly a minute, but hit the wall soon after and succumbed to Laird's strong finish. Ron had 1:59:09 to Larry's 2:00:33.

30 Years Ago (From the April 1981 ORW)—Jim Heiring set an American record for 5 Km (20:41) at the Dogwood Relays in Knoxville, Tennessee. Todd Scully was second in 21:17, with Tim Lewis, then a student at East Tennessee, was third in 22:05. . . Australia's Sue Cook had two world's bests: 22:53.2 for a track 5 Km in Adelaide and 6:47.9 for 1 Mile in Canberra.

25 Years Ago (From the April 1986 ORW)—Tim Lewis and Lynn Weik scored double victories in the Rockport Regional held in the nation's capital. Lewis won the 5 Km on Saturday in a quick 19:54 and came back on Sunday to walk 20 in 1:25:43. Weik won a 5 and 10 double in 23:36 and 48:20. Carl Schueler followed Lewis on both days in 21:09 and 1:28:43. Teresa Vaill also had two seconds in 23:47 and 49:01. . . In Mexico's Racewalking Week, Czechoslovakia's Josef Pribilinec won the 20 in 1:23:34, with Ernesto Canto second in 1:23:48. Canto took a 1 Hour race with 14,339 meters in torrential rains with Czech Pavol Blazek second some 47 meters back. The 50 went to Felix Gomez in 3:56:25 with Martin Bermudez and Sweden's Bo Gustavsson also under 4 hours.

20 Years Ago (From the April 1991 ORW)—In U.S. World Cup Trials held in San Jose, Debbi Lawrence and Tim Lewis turned in impressive performances. Lawrence took the 10 Km race in 45:32, 24 seconds ahead of Lynn Weik and Teresa Vaill, who were in a near dead heat for second. Victoria Herazo was 9 seconds behind them in fourth and Wendy Sharp captured the final Cup spot in 48:28. Lewis was unchallenged in the 20, walking 1:26:52 to beat Doug Fournier by 45 seconds. Allen James was third in 1:27:47, with Curtis Fisher (1:28:12) and

Don Lawrence (1:28:53) filling out the team. . .Fourier and Weik won races at the National Invitational in Washington, D.C. Fournier's 1:32:31 for 20 put him nearly 2 1/2 minutes ahead of Marc Varsano. Weik had 48:48 to finish 2 minutes ahead of Maryanne Torrellas at 10 Km. . .World Indoor titles went to Germany's Beate Anders (3 Km in 11:50.90) and Russia's Mikhail Schennikov (5 Km in 18:23.55). Kerry Saxby (Australia) and Ileana Salvador (Italy) followed Anders. Italy's Giovanni DiBenedictis and Russia's Kostyukovich were 2-3 in the men's race.

15 Years Ago (From the April 1996 ORW)--Allen James covered his final 10 Km in 46:44 to win the U.S. Olympic Trial at 50 Km with a 3:58:39. Andrew Hermann withstood a challenge by Andrzej Chylinski to take second in 4:07:52. Chylinski caught and passed Hermann during the final 10, but faded away at the finish. He won a spot on the team having bettered the 4 hour qualifying standard earlier. Hermann was left to try for that standard later. Veteran Marco Evoniuk was a close fourth in 4:10:45 as he took a shot at this fifth Olympic team. Ian Whatley was fifth in 4:14:48, Dave Marchese sixth in 4:15:31, Rob Cole seventh in 4:16:42, Herm Nelson eighth in 4:17:51, and Mark Green ninth in 4:19:19. *(And we haven't seen a 50 Km race even approaching that sort of depth since. Ten years later, Mark Green, then 50 years old, had slowed by 20 minutes but finished five places higher in the World Cup Trial.)* . . .At the National Invitational, Teresa Vaill moved away from Canada's Janice McCaffrey early and went on to win the 10 Km in 45:20.4. McCaffrey had 46:00.2 with Sara Standley third in 46:52. Canadian Aurturo Huerta put his stamp on the 20, winning easily in 1:22:51.9. Following were Curt Clausen (1:25:41), Dave McGovern (1:26:29), Ian Whatley (1:27:18), Philip Dunn (1:29:08), and Dave Marchese (1:29:14). . .Kerry Saxby-Junna won the Australian Women's 10 Km in a swift 42:49.

10 Years Ago (From the April 2001 ORW)--Philip Dunn walked 3:57:33 to win the National 50 Km in Manassas, Virginia, laving three-time defending champion, Curt Clausen, 9 minutes behind. Tim Seaman was third in 4:14:12, Al Heppner fourth in 4:22:03, Theron Kissinger fifth in 4:23:24, and Dave McGovern sixth in 4:29:20. Susan Armenta was impressive in winning the first U.S. Women's 50, doing 4:49:42 in her debut at the distance. . .The following day, Ecuador's Xavier Moreno won the National Invitational 20 Km at the same site in 1:25:16 with Sean Albert second in 1:26:55. Teresa Vaill finished third overall winning the women's race in 1:33:23. . .Curt Clausen walked the fastest ever outdoor mile by an American in Walnut, Cal., winning in 5:54:52. Al Heppner was 2 seconds back. (Tim Lewis hold the indoor best at 5:33:53 and Ray Sharp and Jim Heiring also bettered Clausen's mark in indoor races.) Michelle Rohl won the women's race in 6:39:75. . .Australia's Nathan Deakes won the annual 50 Km in Naumberg, Germany in 3:44:43, more than 5m inutes ahead of Poland's Tomasz Lipiec. . .20 Km races in Rio Maior, Portugal went to Susan Feitor in 1:27:55 and Latvia's Aigars Fadejevs in 1:22:02. . .Russia's Ilya Markov did 20 Km in 1:19:38 to win in Barcelona, with Spain's Francisco Fernandez just 9 seconds back. . .Fadejevs was third in 1:19:53.

5 Years Ago (From the April 2006 ORW)--U.S. World Cup trial winners in races held on Long Island were Kevin Eastler, Joanne Dow, Michael Kazmierczak, and Katy Hayes. Eastler's 1:25:15 for 20 Km beat John Nunn (1:25:30), Tim Seaman (1:27:26), and Matt Boles (1:31:01). Dow finished nearly a minute ahead of Teresa Vaill in the women's 20 with a 1:34:47. Jolene Moore (1:37:05) was third, a minute ahead of Amber Antonia. Katy Hayes won the Junior Women's 10 Km in 50:31 (although 8 seconds behind guest Amanda Gorst, New Zealand). Likewise, Kasmierski finished behind Canada's Alexandre Gagne (47:19) in the Jr. Men's 10,, but was the Trial winner in 48:52.. .In IAAF Racewalking Challenge in Rio Maior, Portugal, Spain's Francisco Fernandez and Germany's Melanie Seeger won at 20 Km. Fernandez had 1:20:36, 5 seconds ahead of Ilya Markov, Russia. Seeger won in 1:29:15, 45 seconds ahead of

Romania's Claudia Stef. . .Challenge races in China went to the Chinese. Gaobo Li won the men's 20 in 1:18:17, just one second ahead of Markov, with Fernandez another 15 seconds back. Dan He won the women's race in 1:28:20, just 3 seconds ahead of Xiaoling Song, with two other Chinese walkers under 1:30.. .a 24 Hour race in Rouen,, France went to Alain Costils, who covered 207,350 Km. (That's back-to-back-to-back-to-back 50s in under 6 hours.) Dorit Atias of the Shore AC was sixth, and the first woman, with 151,525 Km.

Steve Vaitones copied the photo below from ebay, where it, and another photo, were offered for \$20. The wire phot caption, dated 6-22-37, read: "John Abbate (number 2) of Cincinnati, winner of the National AAU senior 10-mile walking race, a feature of the Tuberculosis Day program held in connection with the Cardinal game with the Brooklyn Dodgers. It was announced that the winner would probably represent the U.S. in the Olympic Games In Japan." (Of course, those 1940 Games were never held. John Abbate, who was deaf, was still around when I entered the sport in the late '50s. Can anyone identify any of the others in the photo? As you can see, the race was held on the grass in the baseball park, which would have been Sportsmen's Park, home of both the St.Louis Browns and St.Louis Cardinals.)

